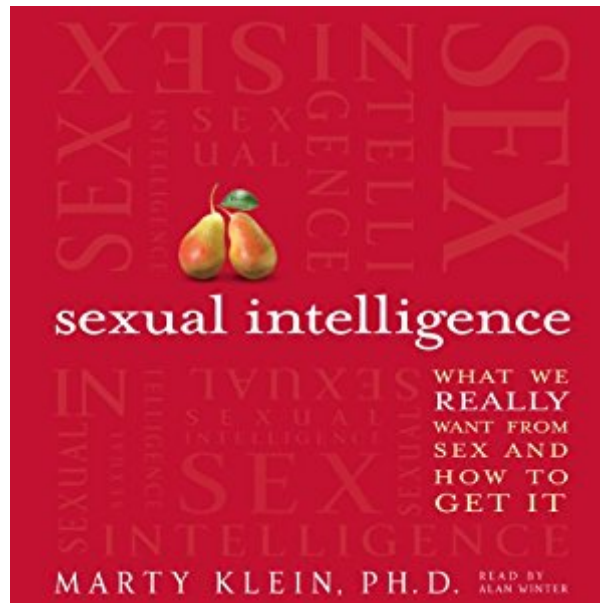




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Sexual Intelligence: What We Really Want From Sex - And How To Get It



Synopsis

In Sexual Intelligence, Dr. Marty Klein shows how our ideas about sex - and ourselves - are more important than a perfect body or exotic techniques. With many engaging examples from his thirty-year private practice, Marty provides a robust, practical perspective that makes it impossible for people to fail at sex - because they don't aim for success.

Book Information

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Customer Reviews

Thoughtful, often humorous and dead on... Marty Klein says it how it is and puts to bed many a myth about healthy sex. Sex is what we make it, for better or worse. Modern media has, in many cases poisoned the well and taken from people the sweet elixir of eternal youth. This book will put you on the right track to healthy and happy sex for the rest of your life.

Very informative book with concrete ideas thoughts and direction A different approach to look at how you have sex with your partner definitely worth Reading

This book seems like common sense when reading it, but it completely breaks down all the stress, shame, tensions, etc that tends to follow sex around. This is a great book for anyone who has any kind of negative feelings around sex or is not enjoying sex. It puts sex in its proper place in our lives and gives it the importance it deserves. Dr. Klein, at the same time, takes apart the importance we place on sex and puts it in a place where it can be just as important as we think it should be, just in

a very different light. Highly recommended! I heard about this book on the Savage Lovecast btw. Thanks Dan and Dr. Klein.

I am a relationship therapist myself and have used Marty Klein's ideas and concepts relating to sex and sexuality with many of my individual clients and couples. I highly recommend this book for anyone wanting a greater understanding of sexuality and relationships.

One of the best sex self-help books I've read in a long time. Marty doesn't talk about sexual techniques, but about what we may want from sex - intimacy, communication, understanding, self-growth. A good book to read before you start your next relationship.

I am a sex therapist, trained in the standard mode, but Dr. Klein has provided a different way of looking at sex within a couple. My own clients will benefit from his insights. That said, this is not a book primarily for professionals. It is a good book for anyone who is sexual to read.

I got some good out of this book, it is well written, and has some healthy insights about what seems to be a tricky subject for us all at times.

Marty has a sense of what gets in the way of people relating to one another in a satisfying way sexually. He explains how expectations and reality may be far removed from one another. As a therapist, I was searching for a way to be more comfortable in talking about sexual activities with my clients. This book helped me organize my thoughts about sexual problems. Sharon

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